ST. MICHAEL PARISH

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Let toda day you g you've bee	14, 2024 by be the live up who len for who become!	Jan 31) 9am Rosary, Confession 9:30am Mass	1) NO MASS	2) 9am - 10:30am Mass and Adoration	NO MASS
Blessed Ash Wednesday				6:30pm RCIA 7pm Zoom Rosary	Presentation of the Lord	<u>5 pm</u> Mass
4) <u>9am</u> Mass	5) OFFICE CLOSED	6) NO MASS	7) 8:30am Rosary, Confession 9am Mass	8) NO MASS	9) NO MASS	10) NO MASS
11am Mass	NO MASS	10am Lay Led @ Lifestyle Options 7pm K of C Mtg	9:45am Lay Led @ Salem 11am Lay Led @ Extendicare	6:30pm RCIA 7pm Zoom Rosary		5 pm Mass 6pm-8pm Youth Group
11)	12)	13)	14) ASH WEDNESDAY	15)	16)	17)
9am Mass 11am Mass	OFFICE CLOSED NO MASS	NO MASS	8:30am Rosary, Confession 9am Mass 10am Lay Led @ Planeview 10:30am	8:30am Rosary, Confession 9am Mass		8:30am Rosary, Confession 9am Mass
Pancake Breakfast Grocery Card Sales		7pm CWL Mtg	Mass @ Fr. Leduc 7pm St. Vincent de Paul Mtg 7pm Mass	6:30pm RCIA 7pm Zoom Rosary	6:30pm Way of the Cross 7pm Mass	5 pm Mass 6pm Registration for Sacraments
18)	19)	20)	21)	22)	23)	24)
9am Mass 10am Registration for Sacraments 11am Mass 12pm/Noon	OFFICE CLOSED 8:30am Rosary, Confession 9am Mass	10am Lay Led @ Lifestyle Options	8:30am Rosary, Confession 9am Mass 9:30am Lay Led @ Salem	8:30am Rosary, Confession 9am Mass		8:30am Rosary, Confession 9am Mass
Registration for Sacraments *St. Vincent de Paul		5:30pm Adoration, Confession, Rosary	11am Mass @ Extendicare	6:30pm RCIA 7pm Zoom Rosary	6:30pm Way of the Cross	5pm Mass 6pm Registration for Sacraments 6pm K of C Pro-Life
Collection		<u>6:30pm</u> Mass		Chair of St. Peter	7pm Mass	Presentation
25) 9am Mass 10am Registration for Sacraments 11am Mass 12pm/Noon	OFFICE CLOSED 8:30am Rosary, Confession 9am Mass	27)	8:30am Rosary, Confession 9am Mass	29) 8:30am Rosary, Confession 9am Mass	1)	
Registration for Sacraments 12pm K of C Pro-Life Presentation Grocery Card Sales	<u>Julii</u> Wass	5:30pm Adoration, Confession, Rosary 6:30pm Mass	Planeview 10:15am Mass @ St. Ben's	6:30pm RCIA 7pm Zoom Rosary	6:30pm Way of the Cross 7pm Mass	

What are you doing for Lent?

10 IDEAS FOR A MORE MEANINGFUL LENTEN SEASON

1. Give up sin

Show your love for God by keeping his commandments. Turn away from sins.

2. Fast

An empty stomach can lead to more attentive prayer.

Give the money you saved on food to others in alms.



3. Pray

Be in constant prayer.
Pray for your family
and friends, for those
who suffer, and for the
Church and the world.

4. Do good works

Help those in need.
Pray for them and be ready to serve them in their time of need.





5. Give alms

Help the poor and support the good works of the Church.
Give cheerfully to God who has given us everything we have.



6. Abstain

Give up meat or other desirable foods during Lent, especially on Friday, the day of Christ's saving death on the cross.



7. Do meditative reading

Nourish your faith by spending time in quiet reading and reflection. Prayerful reading of God's word each day will open your heart to the Spirit, and let God's thoughts and ways influence yours.

8. Control desire for possessions

Build up treasures in heaven rather than on earth.
Cut down on material possessions, eliminate frills, lessen wants, share yourself – your time and your talents – with others.

9. Control desire for entertainment

Too much
entertainment and
other distractions can
lead to less or no time
for the works
of the Lord.

10. Carry out duties in life

Serve God by living out your vocation in love each day. God is calling each of us to be a living sacrifice.
Offer your daily life through Christ!

"Remember that you are dust, and to dust you shall return" Ecclesiastes 3:20